Daily Check Schedule for E-learning

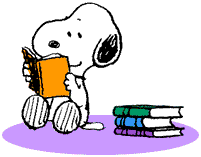
\_\_\_\_\_\_\_ wake up and eat breakfast 

\_\_\_\_\_\_\_stretch and get ready to learn 

\_\_\_\_\_\_\_Writing for 30 minutes 

\_\_\_\_\_\_\_\_ Break for 45 minutes  

Options: art activity, music activity, library, computer programs like mathseeds, scholastic, or razkids, or go outside for some gym time

\_\_\_\_\_\_\_Reading for 45 minutes 

This can include your 20 minutes of independent reading along with your packet pages.

It also includes word work and spelling

\_\_\_\_\_\_Lunch break for an hour 

This can include eating and then having a short break as well.

\_\_\_\_\_Math for 45 minutes 

Options for break time:

<https://app.gonoodle.com/>

<https://www.youtube.com/user/CosmicKidsYoga>

<https://www.washingtonian.com/2020/03/30/captain-underpants-dav-pilkey-drawing-classes-library-of-congress/>

<https://docs.google.com/document/d/1OH-_GM-eYefOa7JDNmM6wdUb9fsa1H8k8O_XgPih4m0/mobilebasic>

<https://www.kennedy-center.org/education/mo-willems/>